



# 2D - Nasal Problem / Epistaxis

**Time:** \_\_\_\_\_ **Primary MD:** \_\_\_\_\_  
**Room:** \_\_\_\_\_ **Specialist:** \_\_\_\_\_  
**Mode of Arrival:** \_\_\_\_\_ **Historian:** \_\_\_\_\_ **Hx limited by:** \_\_\_\_\_ **Prehospital orders:** \_\_\_\_\_  
*private auto* *patient* *AMS* *[ ] see EMS flowsheet*  
*EMS* *family* *unconscious*  
*police* *friend* *dementia*  
*wheelchair van* *caretaker* *acuity*  
*EMS*  
*old chart*



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**Chief Complaint:** nosebleed / nasal injury - pain / foreign body

Positives  
 Negatives

## History of Present Illness:

**Duration:** \_\_\_\_\_ minutes / hours / days / weeks / months / years

**Onset:** just prior to arrival today @: \_\_\_\_\_ yesterday

### Location:

right nostril  
 left nostril  
 both nostrils

### Severity:

Pain:  none  
 mild  
 moderate  
 severe  
 \_\_\_\_\_ (1-10)

Bleeding:  none  
 mild  
 moderate  
 severe  
 \_\_\_\_\_ (1-10)

### Timing:

continuous  
 intermittent

### Current / Associated Symptoms:

lightheadedness  
 syncope / near-syncope  
 easy bleeding  
 nasal congestion / discharge

shortness of breath  none  
 cough  
 chest pain  
 swallowed blood / nausea / vomiting  none

### Context / Epistaxis Risk Factors:

anticoagulation  
 Coumadin  
 ASA  
 NSAID  
 Plavix  
 coag defect

elderly  
 hypertension  
 recurrent epistaxis  
 dry environment  
 nasal trauma  
 head / neck cancer

### Modifying Factors:

**Aggravating:**  none  
 nose blowing / picking  
 activity  
 increased blood pressure

**Alleviating:**  none  
 pinching nose  
 rest  
 control blood pressure

### Narrative:

### Other Data Reviewed:

EKG:  
 respiratory therapy:  
 old records:  requested  reviewed  
 summarized  unavailable  
 additional Hx from family / caretaker / other

### Prior Similar Episodes:

workup:  
 diagnosis:  
 treatment:

## Review of System

### Constitutional:

fever  
 chills  
 malaise

### Eyes:

vision problem  
 discharge  
 eye pain

### ENT:

ear pain  
 hearing loss  
 nasal / sinus  
 congest / disch  
 sore throat

### CV:

chest pain  
 CAD Hx  
 syncope

### Respiratory:

cough  
 shortness of breath

### GI:

abdominal pain  
 N / V / D

### GU:

dysuria  
 discharge  
 LMP: \_\_\_\_\_

### MSK:

myalgias  
 pain:  
 DVT / PE Hx

### Skin:

pruritus  
 rash

### Neurologic:

headache  
 numbness  
 weakness

### Psychiatric:

anxiety  
 depression

### Endocrine:

DM  
 thyroid disease

### All / Imm:

hay fever  
 arthritis  
 HIV

### Heme / Lymph:

easy bruising  
 bleeding disorder  
 CA  
 blood thinners

All systems reviewed & negative except as noted above.

### Family, Social History:

**Medications:**  see nursing note

**Allergies:**  see nursing note  
 NKDA

nursing note reviewed

### Past Medical History:

negative  
 bleeding diathesis  
 hemophilia  
 von Willebrand's  
 CVA  
 DVT / PE

noncontributory  
 cardiac disease  
 CAD  
 angina  
 CHF  
 AFib  
 hypertension

### Surgical History:

negative  
 CABG  
 splenectomy

noncontributory  
 appendectomy  
 nasal  
 cholecystectomy  
 sinus

### Family History:

unknown  
 CAD  
 father  
 mother  
 sibling

noncontributory  
 hypertension  
 diabetes mellitus  
 hemophilia  
 CVA  
 cancer  
 von Willebrand's

### Social History:

tobacco  
 \_\_\_\_\_ ppd  
 \_\_\_\_\_ yrs  
 quit \_\_\_\_\_ yrs

alcohol  
 social  
 daily  
 binge \_\_\_\_\_

drugs  
 THC  
 cocaine  
 amphetamines

occupation:

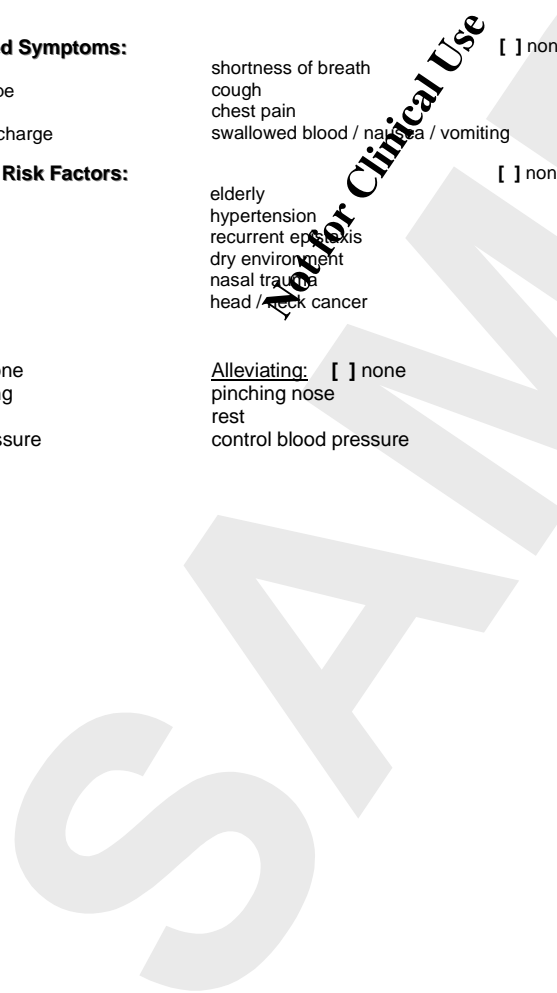
L1-3: 1-3 elements; L4-5: 4+ elements

ediment problem L4: 2-9 systems; L5: 10+ systems

L1-3

of 3 areas

L1-4



Positives  
Negatives

**Physical Exam:**

Nursing record reviewed  
 Vital signs reviewed  
**Vital Signs:**  
 BP: \_\_\_\_\_ / \_\_\_\_\_ L  
 BP: \_\_\_\_\_ / \_\_\_\_\_ R  
 HR: \_\_\_\_\_  
 RR: \_\_\_\_\_  
 Temp: \_\_\_\_\_ ° F / C  
 Pulse Ox: \_\_\_\_\_ % RA / \_\_\_\_\_ L O<sub>2</sub>

**General Appearance:**  
 alert  
 oriented  
 well-developed  
**Distress:**  
 no acute  
 mild  
 moderate  
 severe

**Head / Face:**  exam limited by urgency of condition  
 atraumatic cephalohematoma / laceration  
 dental nl malocclusive / dental injury \_\_\_\_\_  
 orbits nl orbital defect \_\_\_\_\_ - R / L

**Eyes:**  
 PERRL anisocoria - \_\_\_\_\_ mm OD / \_\_\_\_\_ mm OS  
 EOMI abnl EOM

**Ears/Throat:**  
 TMs nl TMs red - R / L / hemotympanum  
 pharynx nl active bleeding in throat  
 no clots adherent clots in throat -  
 removed by patient spitting / forceps / suction

**Nose:**  
 nasal bridge intact nasal bridge crepitus / deviation - R / L  
 no discharge naris discharge - R / L  
 mucosa nl blood - active / dry / purulent / clear  
 septum nl volume - small / moderate / large  
 location - anterior / posterior / unsure  
 foreign body - R / L - \_\_\_\_\_  
 septal hematoma - R / L  
 septal perforation  
 aberrant vessel identified

**Neck:**  
 nontender tender \_\_\_\_\_  
 FROM painful / reduced ROM

**Respiratory:**  
 no distress distress - mild / moderate / severe  
 lungs clear rales / rhonchi / wheezes / reduced - R / L

**Cardiovascular:**  
 RRR irregular rhythm / tachycardia / bradycardia  
 no murmur murmur - grade \_\_\_\_\_ / 6 - systolic / diastolic  
 S1, S2 nl gallop - S3 / S4 / rub  
 no JVD JVD \_\_\_\_\_ cm  
 pulses nl pulse deficit \_\_\_\_\_

**Abdominal:**  
 soft, nontender guarding / rebound  
 no HSM hepatomegaly / splenomegaly  
 no sign of bruising / distention  
 external trauma

**Musculoskeletal:**  
 extrs nontender tender extremity \_\_\_\_\_  
 spine nontender tender T-spine / L-spine \_\_\_\_\_  
 FROM painful / reduced ROM

**Skin:**  
 color nl pallor / cyanosis / jaundice  
 warm / dry cool / diaphoretic  
 no rash rash \_\_\_\_\_

**Neurologic:**  
 A&O x3 confused / agitated / obtunded  
 motor nl motor deficit \_\_\_\_\_  
 sensory nl sensory deficit \_\_\_\_\_  
 CN nl as tested CN palsy \_\_\_\_\_

**Psychiatric:**  
 affect nl depressed / anxious / delusional

**COMMENTS:**

**Medical Decision Making:**

**Differential Dx:**  
 bleeding diathesis nasal polyps malocclusion dental frac-  
 anterior epistaxis nasal foreign body ture  
 posterior epistaxis nasal bone fracture zygomatic fracture  
 other:

**Laboratory Data:** Note results

**CBC:**  nl  nl except WBC Hct plts  
**Chem:**  nl  nl except Na K Cl CO<sub>2</sub> bands BUN Cr **INR** Glu

**XR:**  nl  interpreted by me  reviewed / discussed with Radiology  
 abnl \_\_\_\_\_

**Facial/Head CT:**  nl  reviewed / discussed with Radiology  
 abnl \_\_\_\_\_

**CT C-spine /**  nl  reviewed / discussed with Radiology  
 abnl \_\_\_\_\_

**Physician-Supervised Infusion Therapy:** given over 60 / 90 / 120 / \_\_\_\_\_ min  
**indications:** dehydration / nausea / vomiting / pain \_\_\_\_\_  
**fluids:** \_\_\_\_\_ mL NS / LR **response:** improved hydration  
**additives:** \_\_\_\_\_ **response:** improved nausea / vomiting  
 improved pain

see addendum # \_\_\_\_\_

**Procedures Performed:**  
 topical anesthesia/medication  foreign body removal - R / L  
 medication air pressure  
 4% lidocaine right angle hook  
 oxymetazoline Fogarty catheter  
 phenylephrine suction  
 4% cocaine other

Epistaxis Therapy - R / L nostril  
 nose clamped for \_\_\_\_\_ minutes  
 nasal clot cleared  
 nasal cavity inspected by headlamp / otoscope / nasal speculum  
 medication applied by atomizer / cotton ball  
 cautery performed with silver nitrate  
 anterior / posterior packing - none / sponge / strip gauze / hemostatic balloon

**ED Course / Additional Data:**  
 reevaluated: time: \_\_\_\_\_  improved  unchanged

Rx:

**Faculty Note:** I interviewed and examined the patient. I discussed with PA/resident and agree with their evaluation and plan as documented here.

**Consultation:**  
 Discussed with Dr. \_\_\_\_\_ time: \_\_\_\_\_  
 Recommends: \_\_\_\_\_  
 Will see in:  ED  floor  ICU  cath lab  office in \_\_\_\_\_ days.

**Vital signs reviewed prior to disposition.**

**Disposition:**  
 discharge  admit floor / telemetry / ICU / cath lab  
 discharge instructions  
 transfer to: \_\_\_\_\_  
 via POV / ground EMS / helicopter  
 Counseled pt / fam regarding probable diagnosis and disposition plan.  
 Pt / fam agrees to f/u in ED for worsening symptoms / fever / pain / discharge / bleeding / shortness of breath / syncope.

Condition:  unchanged  improved  stable  serious  critical  
 see addendum  critical care time: \_\_\_\_\_

**Clinical Impression:**

\_\_\_\_\_  
 PA, Resident Signature MD/DO

\_\_\_\_\_  
 ED Physician Signature MD/DO

dictation  written addendum # \_\_\_\_\_  
 copy to PMD  
 template complete

Not for Clinical Use

L 2.3: 2-4 organ/areas; L4: 5-7 organ/areas; L5: 8+ organ/areas

L1: straightforward; L2-3: low/complex

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